



# SUPER BOWL PARTY SAFETY TIPS



## Broncos vs Panthers

The Super Bowl is one of the most watched sporting events of the year. Millions of football fans will huddle together and root for their team. Some will watch just for the commercials. Super Bowl parties are special events that many look forward to hosting or attending with fellow fans, family, and friends. Wherever you are when the Lombardi Trophy is hoisted, consider the following “Safety Tips” to avoid penalties during pre or post Super Bowl parties:

### THE COACH’S BRIEFING POINTS:

- Alcohol Awareness; Motor Vehicle Safety; Party Host Responsibilities; Risk Management

### SUPER BOWL PARTY SAFETY TIPS:

- **ALCOHOL AWARENESS:** Don’t get flagged for drinking and driving. Have a designated driver, get a ride from a sober teammate, or stay on the sidelines until sober to drive. The best defensive strategy is to block your teammate from leaving if they are drunk or “just buzzing.”
- **MOTOR VEHICLE SAFETY:** If driving on Super Bowl Sunday, ensure your teammates are properly buckled up. Guard against distractions and speeding by managing the clock. Allow ample time to arrive at your destination and return home safely. Tackle fatigue by planning to be where you’re going to sleep by the end of the game. Stop drinking early in the third quarter. Drink water to rehydrate before going to sleep. Be alert and sober when you leave, and drive defensively. Maintain team integrity. Stay together and don’t allow someone to be pulled away from the group or go it alone.
- **PARTY HOST RESPONSIBILITIES:** If hosting a Super Bowl party, intercept guests’ car keys at the door, provide food and non-alcoholic beverages, stop serving alcohol in the 3<sup>rd</sup> Quarter, and provide a place to crash for anyone unable to drive. In some states, party hosts can be severely penalized for guests who crash after leaving your party.
- **RISK MANAGEMENT:** Consider alternatives to driving if weather is not optimal. Many bars and restaurants offer free non-alcoholic drinks for “designated drivers.” Remember, the day following the Super Bowl is a work day for many. Be alert and ready to pass along your best Monday morning quarterback assessments, and always *Protect What You’ve Earned*.

***Fan’s Don’t Let Fan’s Drive Drunk!***