



**OSCAR GEN III**

# OSCAR

Operational Stress Control  
And Readiness Training  
Generation III

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## MASTER TRAINER COURSE

Facilitator Guide  
1 January 2020

# WELCOME to OSCAR MASTER TRAINER

## Instructor information

Name: *Name*

Job title: *Title*

Contact information: *Phone number, email address*

Other relevant information: *Insert information*

# OBJECTIVES

**We will work towards...**

- **Developing** skills to facilitate, create and manage a learner-based environment.
- **Preparing** to facilitate learning sessions and help reflect and improve practice through appropriate evaluation
- **Facilitating** learning sessions using appropriate training methods
- **Developing** an understanding of the OSCAR Team Training content

# WORKING TOGETHER

## Ground Rules

- Ask questions
- Engage fully
- Integrate new information
- Open your mind to diverse views





# SMALL GROUP EXERCISE

## **How does an ideal OSCAR Team function?**

- How visible are Team Members?
- How do Team Members share OSCAR principles in unit?
- How do Team Members partner with local resources to serve stressed Marines?
- What sort of relationship do OSCAR Team Members have with command?

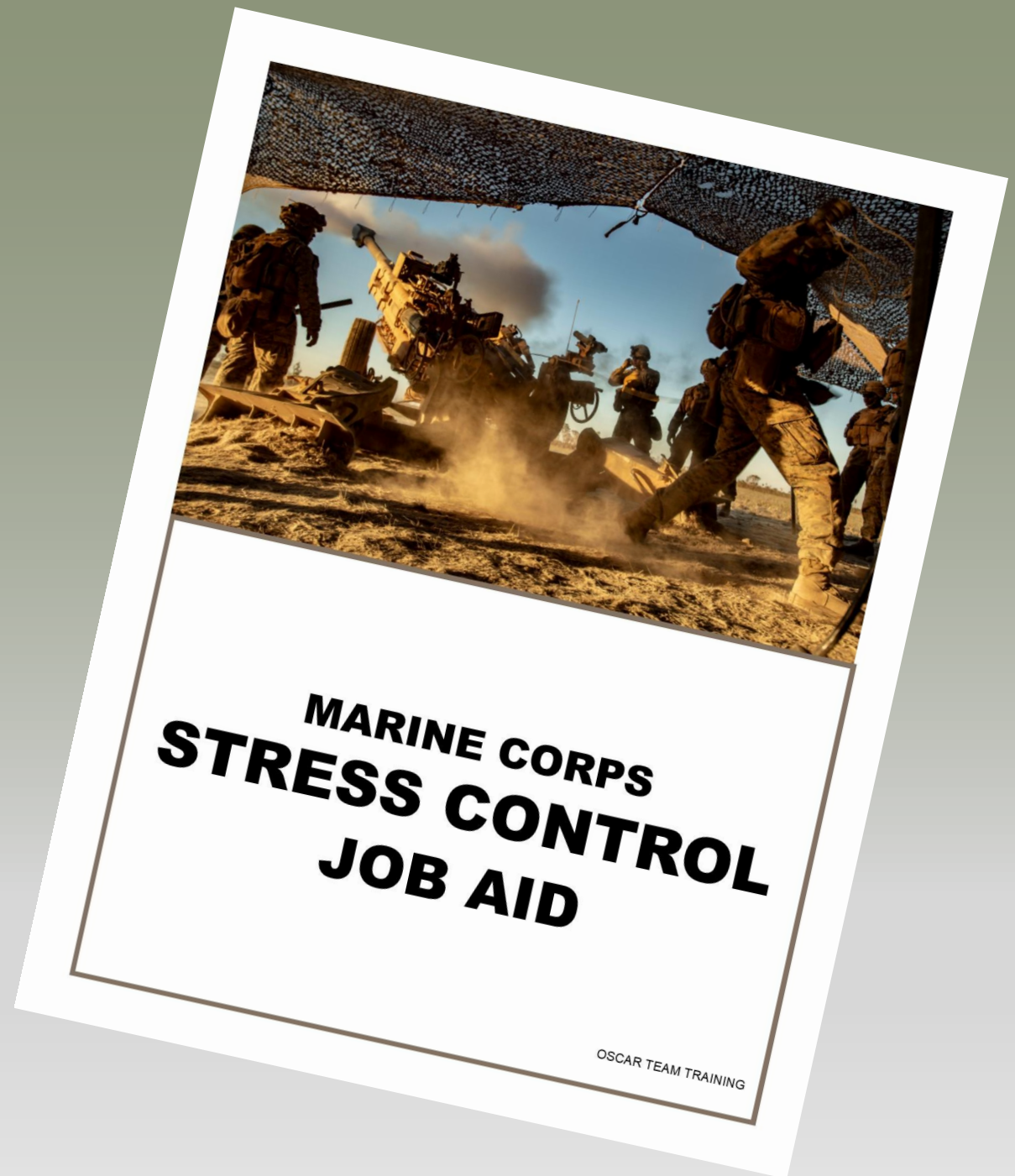
# OSCAR 2.0 versus OSCAR GEN III



# JOB AID

Your Stress Control Job Aid includes:

- Reference material
- Exercises for the course
- Handouts you can use back in your units
- Space for you to take notes



# **OSCAR LESSONS**

**Lesson 1: Expectations**

**Lesson 2: Stress reactions**

**Lesson 3: Supporting stressed Marines**

**Lesson 4: Planning your OSCAR Team  
activities**



# BREAK TIME



# Unpacking the content

## Lesson:

### Key Points/Messages

What information or ideas are important to know about this topic?

- *Key words or phrases that stand out to you*

### Next Steps

What steps are necessary to have Marines practice this skill?

- *Write down ideas or steps Marines could follow to practice this skill*

### Notes

- *Write down additional notes here*





**OSCAR GEN III**

# GALLERY WALK

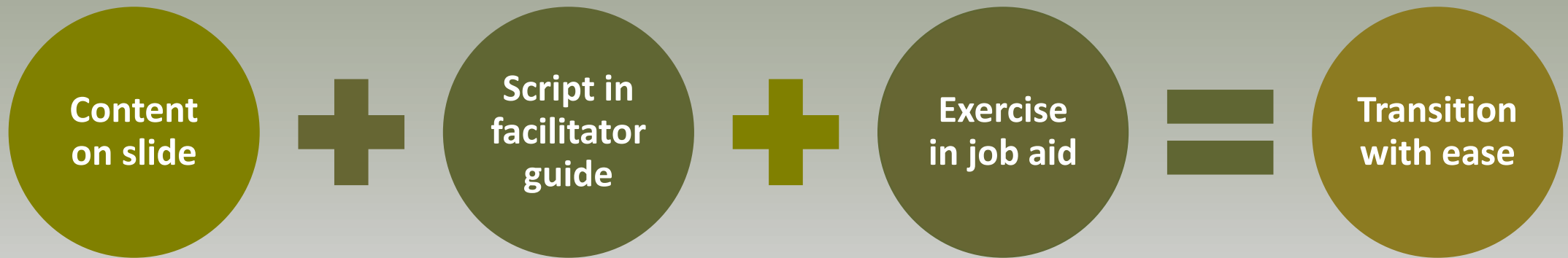
Deep dive into OSCAR GEN III

Questions or comments Master Trainers might have about OSCAR GEN III	How would you address these questions or comments?



# TRANSITION PRACTICE

Putting it all together



A group of soldiers in full combat gear, including helmets and tactical vests, are moving through a dense forest. The soldiers are wearing camouflage uniforms and carrying rifles. The scene is set in a wooded area with tall trees and green foliage. The lighting is natural, suggesting daylight. The soldiers are in a line, moving forward with purpose. The text "OSCAR GEN III Train the Trainer Course" is overlaid on the right side of the image in white, bold, sans-serif font.

# OSCAR GEN III Train the Trainer Course

# TABLE TALK

## Feedback on OSCAR GEN III Train the Trainer course

Questions or comments participants might have about OSCAR GEN III	How would you address these questions or comments?

# PREPPING FOR DAY 2

- Spend time reviewing the OSCAR Team Training facilitator guide to become more familiar with the lesson your group will be presenting.
- The groups can huddle and decide who will be presenting which slides, or who will be teaming up which slides.



# END OF DAY 1





**DAY 2**



# TEACH-BACK EXERCISES



It's your turn  
to practice  
facilitating parts  
of OSCAR.

# EVALUATION

- What does the evaluation tool look like?
- How will you be scored?

## OSCAR Master Trainer Candidate (MTC) Evaluation

OSCAR MTC \_\_\_\_\_ Command \_\_\_\_\_

Evaluated by \_\_\_\_\_ Date \_\_\_\_\_

	Not Met	Partially Met	Met
1. The MTC clearly explained the purpose of OSCAR and the intent of each module in OSCAR Team Training. Comments:			
2. The MTC provided useful feedback and tailored exercises to help Trainer Candidates improve their facilitation skills. Comments:			
3. The MTC accurately assessed the strengths and weaknesses of the Trainer Candidates. Comments:			
4. The MTC effectively handled the logistics (equipment, space, troubleshooting) for the OSCAR Train-the-Trainer course. Comments:			
5. The MTC motivated the Trainer Candidates to take an active role in advocating for OSCAR in the unit. Comments:			
6. Additional comments:			

Recommend for OSCAR Master Trainer? Please rate 1 – 5 scale: (Lowest to highest)

☐ 1    ☐ 2    ☐ 3    ☐ 4    ☐ 5



# WHAT'S NEXT?

- Marine facilitator trainees in groups of two or three will teach OSCAR Gen III Train the Trainer to a live audience of Marines who want to become OSCAR trainers.
- Master Trainers will evaluate the trainees.
- If the trainees receive a passing score, they will be certified as OSCAR Gen III Master Trainers.