



SAFETY TIPS

2023 Super Bowl Party



VS



On Sunday, 12 February 2023, millions of fans will huddle together to watch one of America's favorite past times – the Super Bowl. The key to enjoying the game is knowing how to win. Please add the following 'Safety Tips' to your play book to ensure you end the night on a winning note.

KNOW THE SCORE: You know that many Super Bowl parties will involve alcohol, so play it smart by having a plan in place to **Not** drink and drive. **Drunk driving kills:** in 2020, there were approximately 10,000 fatalities in motor vehicle traffic crashes involving drunk drivers. On average, three people will lose their lives to drunk driving just in the time it takes to watch the big game. The average **DUI costs around \$10,000 and can end your enlistment / career.** If you see or suspect a drunk driver, call 911 as soon as it is safe to do so. The life you save just may be your own.



KNOW THE SAFE PLAYS: Defense wins championships. Your best defense is to plan a safe ride. We've watched the tapes, and these are the best defensive schemes: Use a designated driver, ride share service (Uber, Lyft, etc.), taxi, duty van, or another non-party participant who can get you to and from the game/party safely. Wear your seat belt. Avoid drinking games or replace your drink with a non-alcoholic beverage to avoid over-indulging. **Stop drinking alcohol by half-time;** switch to a non-alcoholic drink or fill your bottle or can with water. Guard against distractions and speeding by managing the clock. Allow time to arrive at the end zone party without having to speed to get there. Tackle fatigue by planning to be where you're going to sleep by game's end. If hosting a party, intercept your guest's car keys at the door, offer food and non-alcoholic beverages, and provide a safe place for anyone to stay, if needed. If driving, keep a vigilant scan and proactive defensive posture against the many violators out there.



Trivia Question: How many NFL Teams have never been to a Super Bowl? Can you name them?



BE AN MVP: Show your support by volunteering to be a designated driver. Let your squad know that you'll be there for them with a safe, sober ride. Avoid engaging in activities worthy of severe penalties such as trying to drive after drinking, being drunk, crossing the line (PAC/SAPR issues), or being overly aggressive toward others. Remember, when the game is over - we're all on the same team!

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SUPER BOWL WEEKEND / PARTY MISHAPS: Over the last few years, several mishaps have occurred with Marines and Sailors around the Super Bowl weekend. Some of these mishaps include:

- LCpl, was an **unbuckled** passenger in an SUV; vehicle slid off icy driveway and rolled onto roof; LCpl was paralyzed from injuries.
- LCpl, drinking on base and fell on broken glass. Injuries resulted in three lost workdays.
- Cpl, at Super Bowl BBQ party with friends, attempted to extinguish hot coals by stomping on them, suffered second degree burns on both feet. **Alcohol** was involved.
- Sgt, returning to base **0335**, was involved in a single vehicle crash and suffered a broken leg.
- LCpl, while grilling at the barracks, cut hand on a broken jar.
- LCpl, operating a motor vehicle around **0330**, crashed into a concrete barrier killing a civilian passenger.

COVID: COVID is still sitting on the sidelines waiting to intercept you. Beating COVID takes a team effort. Keep Super Bowl party gatherings small; ensure guests can socially distance themselves from others, and ensure fresh air is introduced. Provide masks for guests who need them. Avoid handshakes and high-fives, instead use fist bumps. If hosting a Super Bowl party, offer individually wrapped food and personal plates/utensils to help prevent spreading the virus. The CDC's recommendation for those attending a Super Bowl party is to continue to be aware of surroundings and monitor your health. If feeling ill, head to the medical tent to get checked out.

Trivia Answer: There are four NFL teams that have never made it to the Big Game (Super Bowl). They are the Cleveland Browns, Jacksonville Jaguars, Houston Texans, and the Detroit Lions.



COACHES CORNER: Super Bowl Sunday has become a national holiday for many. The game is scheduled to start at 1830 EST and post-game end around 2300 or so. Be mindful that the following day (Monday) is a normal workday for many, so please be considerate of your neighbors after the Lombardi Trophy has been awarded.

RESOURCES:

- <https://www.nhtsa.gov/super-bowl-sunday-fans-dont-let-fans-drive-drunk>
- <https://www.nhtsa.gov/celebrate-game-day-safely>
- [Super Bowl | Blogs | CDC](#)



Manage the Risk



Protect the Force